

## **COMMUNITY ACTIVITIES, SERVICES AND SUPPORT FOR AND ABOUT CHILDREN**

### ***Bridges at First Baptist Church***

*Bridges consists of both Special Needs Classrooms and a one-on-one Buddy program designed to meet your child's unique needs.*

*Kathy Weltner 521-0181, extension 2313*

### ***California Children's Services***

*California Children's Services (CCS) is a state program for children with certain diseases or health problems. Through this program, children up to 21 years old can get the health care and services they need*

*(209) 558-7515 or on the web at [www.dhs.ca.gov/css](http://www.dhs.ca.gov/css)*

### ***Central Valley Training Center***

*Offers programs to train and support developmentally disabled children and adults such as day programs and C.A.R.E.S. respite services.*

*(209) 951-1671 or on the web at [www.cvtcinc.com](http://www.cvtcinc.com)*

### ***Ceres Partnership for Healthy Children***

*Offering programs for children including play groups and activities on a weekly basis, classes for parents and counseling for families. Also supplies emergency food boxes and bread.*

*(209) 541-0909 or on the web at [www.cphc.info](http://www.cphc.info)*

### ***Family Resource Network***

*Offer a variety of information and resources including information and referral, family support, outreach, advocacy, workshops and seminars. Also the home of Sibshops, a playgroup for non-disabled siblings of children with special needs.*

*(209) 472-3672 or on the web at [www.frcn.org](http://www.frcn.org)*

### ***Early Start***

*Multidisciplinary assessments from birth to three years free evaluations and no-cost services. The Early Start Program is California's response to federal legislation ensuring that early intervention services to infants and toddlers with disabilities and their families are provided in a coordinated, family-centered network.*

*(209) 558-4118 or on the web at [dds.ca.gov/earlystart](http://dds.ca.gov/earlystart)*

### ***Parent Resource Center***

*The Parent Resource Center, a Family Resource Center, is a private, non-profit, child abuse prevention agency. The Center offers support to parents through in-home volunteer mentoring and on-site parenting education classes to decrease the risk of child abuse, neglect and family violence.*

*(209) 549-8193 or on the web at [www.prcfamilies.org](http://www.prcfamilies.org)*

### ***RPMS- Real People Making Smiles***

*RPMS create activities and social groups for children with special needs and disabilities.*

*(209) 588-8692 for John and Kimberly McGuinness (209)588-1888 for Margaret Grolles*

### ***Sierra Vista Child & Family Services***

*Sierra Vista offers a range of services to support healthy children and their families including counseling services, prenatal drug abuse support, non-public schooling, and job training.*

*(209)523-4573 or on the web at [www.sierravistacc.org](http://www.sierravistacc.org)*

### ***Valley Mountain Regional Center***

*Valley Mountain Regional Center serves children and adults with developmental disabilities in San Joaquin, Stanislaus, Amador, Calaveras and Tuolumne counties. They offer a wide range of programs and ongoing support.*

*(209) 529-2626 or on the web at [www.vmrc.net](http://www.vmrc.net)*

## **SERVICES FOR THE DEAF AND HARD OF HEARING**

### ***California Telephone Access Program***

*The California Telephone Access Program distributes telecommunications equipment and services to individuals certified as having difficulty using the telephone. CTAP is a California State mandated program, under governance of the California Public Utilities Commission. Equipment and some network services are available at no charge to eligible consumers.*

*(800) 806-1191 for voice (800)806-4474 for TTY or on the web at [www.ddtp.org/CTAP](http://www.ddtp.org/CTAP)*

### ***Deaf and Hard of Hearing Service Center***

*The deaf and hard of hearing service center advocate, seek equality, and promote self-determination through empowerment for those who seek our assistance; and to enhance the awareness and understanding of Deaf Culture and the unique communication needs of the Deaf and Hard of Hearing individuals.*

*Merced (209)726-7783 or on the web at [www.dhhsc.org](http://www.dhhsc.org)*

### ***Modesto Hearing Aid Center***

*Modesto Hearing Aid Center provides a variety of hearing healthcare services including hearing assessments, education, and counseling. Our clinic also fits and dispenses sophisticated hearing instruments and related devices to suit all types of hearing loss and life styles. Assessments regarding the level of amplification that would be best suited to our clients are generally completed following a comprehensive hearing evaluation by a qualified hearing health care professional.*

*(209)577-1014 or on the web at [www.modestohearing.com](http://www.modestohearing.com)*

### ***Norcal Center for Deafness***

*Empower deaf and hard-of-hearing individuals to live independently and productively within the greater society. Educate family members, service providers, employers and the general public of the unique communication needs, abilities and accomplishments of deaf and hard-of-hearing children and adults. Advocate for equal access and opportunities for deaf and hard-of-hearing individuals in our society.*

*(209) 474-3088 or (209) 474-3089 or on the web at [www.norcalcenter.org](http://www.norcalcenter.org)*

### ***CRS- California Relay Service***

*Provides relay telecommunications between the hearing and the deaf or hard of hearing, using a relay operator and TTY or mobile device.*

*Dial 711 or (209) 863-3001 or for internet based relay [www.ip-relay.com](http://www.ip-relay.com)*

### ***Sherwood Bible Church***

*This church offers service for the hearing impaired 505 Floyd Avenue Modesto*

*(209) 522-3496*

## **SERVICES FOR FOOD AND NUTRITION**

### ***Women Infants and Children (WIC)***

*A nutrition education and supplemental food program that helps pregnant or breastfeeding women, infants and children less than five years to eat well and stay healthy.*

*(209) 558-7377 or [www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)*

### ***Farmers Market Program for WIC Families (FMNP)***

*Provides WIC participants with vouchers to purchase fresh fruits and vegetables at certified Farmers Markets.*

*(209) 558-7377*

**Services for Food and Nutrition cont.**

**Head Start**

Children enrolled in Head Start programs are eligible for free or reduced priced meals sponsored by the Child and Adult Care Food Program

(209) 572-3117 or [www.nhsa.org](http://www.nhsa.org)

**Summer Feeding Program**

Children enrolled in Head Start Programs are eligible for free or reduced price meals sponsored by the Child and Adult Care Food Program.

(209) 572-3117

**School Breakfast/ Lunch Program**

Offers free or reduced price school meals during breakfast and lunch. Snacks are also offered at some After School Programs. Eligibility depends on your income and family size. Fill out an application at your child's school.

**Child and Adult Care Food Program**

Offers nutrition training and reimbursements to daycare providers for meals and snacks served to children in care.

(209) 578-4792

**Food Stamp Program**

The Food Stamp Program helps individuals and families buy nutritious foods.

(209) 558-2777 or online at [www.c4yourself.com](http://www.c4yourself.com)

**Senior Meals Programs**

Provides nutritious hot meals to low-income seniors over the age of 60. Congregate meals provided at nutrition sites and home delivery for eligible "homebound" seniors. Reservations for congregate meals are required one day in advance.

(209) 593-5633

**Senior Farmer's Market Nutrition Program**

Provides \$20 worth of coupons to seniors, who are 60 or older, and meeting income guidelines, for the purchase of fresh fruits and vegetables at certified Farmers Markets. Program available from June through November.

Call area agency on aging at (209) 558-8698

**Brown Bag**

Distributes groceries every month to individuals 60 years or older

(209) 577-3600

**Commodity Food Program**

Provides free food boxes to individuals 60 years or older once per month

(209) 524-5488

**Harvest of Hope**

Social Services and food programs for underprivileged

(209) 521-7183

*Services for food cont.*

**EMERGENCY FOOD ASSISTANCE**

**United Samaritans Foundation (209) 668-4853**

**Modesto Love Center (209) 538-9700**

**Interfaith Ministry (209) 572-3117**

**Gospel Mission (209) 529-8259**

**Salvation Army (209) 523-7577**

**SERVICES FOR HANDLING ABUSE**

**Adult Protective Services**

*Support and investigation of complaints of elder or dependant abuse or neglect  
(209) 558-8637*

**Haven Women's Center**

*Emergency shelter, counseling, referrals for women in abusive relationships and their children  
(209) 577-5980 or [www.havenwomenscenter.org](http://www.havenwomenscenter.org)*

**Long Term Care Ombudsman**

*Program to enhance quality of life in long-term care facilities  
(209) 529-3784 or [www.ltombudsman.org](http://www.ltombudsman.org)*

**SERVICES FOR ENERGY AND UTILITY ASSISTANCE**

**Central Valley Opportunity Center**

*Assistance with utilities (Home Energy Assistance Program)  
(209) 537-9217 or [www.cvoc.org](http://www.cvoc.org)*

**MID Cares**

*Program for low income MID customers offering a discount on their energy bill  
(866) 645-6625 or [mid.org](http://mid.org)*

**Pacific Bell Universal Lifeline**

*Discounted telephone service for low income individuals  
(800) 772-3140*

**Pacific Gas and Electric**

*CARE program for discounted rates and Medical Baseline Program for those on life support and those with medical heating and cooling needs  
(866) 743-2273*

**REACH**

*Emergency once per year energy assistance up to \$300. Primarily for sick or disabled customers, please call for an appointment.  
(209)521-6249 or (800) 933-9677*

**Salvation Army**

*Program for seniors in crisis and unique circumstances who have received energy shut-off notice.  
(209)577-4068*

## **SERVICES FOR MEDICAL SUPPLY AND LOAN CLOSET**

### ***Society for the Handicapped***

*Maintains a donation based loan closet of used durable medical equipment, please call to see if appropriate equipment is available*

*(209) 524-3536 or [societyforhandicapped.org](http://societyforhandicapped.org)*

### ***Modesto Mobility Center***

*Sales, service and rentals*

*1025 Lone Palm Avenue #5*

*(209) 577-1069 or [www.ci.modesto.ca.us](http://www.ci.modesto.ca.us)*

### ***Ability Medco***

*Medical supply company 13900 N 9<sup>th</sup> street #C*

*(209) 572-2273*

### ***Alzheimer's Aid Society of Northern California***

*Adult Diaper's for Alzheimer's patients free in Lodi office; call to see if available.*

*(800) 540-3340*

### ***D.R.A.I.L.***

*Have a wide variety of services to empower and improve quality of life for the disabled.*

*(209) 521-7260 or [drail.org](http://drail.org)*

### ***Livemore Medical Supply***

*Medical Supply Company 1721 Prescott Road*

*(209) 523-6356*

### ***Mobility Plus Medical Supply***

*3520 Oakdale Rd #A*

*(209) 552-2244*

### ***V.F.W.***

*Free loan closet for Veterans. Call to inquire if items are available, residents of Stanislaus County only please.*

*Gilbert Jackson (209) 537-3360*

### ***Advancing Vibrant Communities***

*Occasionally has equipment to loan out, please call for availability.*

*(209) 544-9571*

## **SERVICES FOR SENIORS**

### ***A.A.R.P. Ageless Agers***

*Classes from oil painting to dance*

*(209) 523-0290 Hedy Harding*

### ***American Association of Retired Persons***

*Services for those 50+ . A variety of discounts available for members.*

*(866) 448-8615*

### **Services for Seniors Cont.**

#### **Area Aging and Veterans Services**

Free information and assistance for seniors, caregivers and veterans  
(209) 558-7825 [www.agingservices.info](http://www.agingservices.info)

#### **Homemaker Program**

Bi-Weekly free services for those 60 and over  
Call Catholic Charities (209) 529-3784

#### **Healthy Aging Association**

Provides young at heart senior fitness programs at no charge to those over 50 in Stanislaus County.  
(209) 523-2800

#### **Linkages Case Management**

Individualized assistance for frail, elderly or disabled adult individuals at risk of being institutionalized.  
(209) 558-8698

#### **Multipurpose Senior Services**

Link Stanislaus County residents 65 + to services to help them retain their independence.  
(209) 558-2346

#### **Senior Citizens Law Project**

Free legal assistance for those over 60 years of age  
(209) 577-3811

#### **Stanislaus County Preventative Health Care for the Aging**

Health screening and counseling for those 55+  
(209) 558-7400

### **SERVICES FOR THE VISUALLY IMPAIRED**

#### **National Federation of the Blind of California**

(209) 464-6766 or [www.nfb.org](http://www.nfb.org)

#### **Visually Impaired Persons**

A variety of services including a support group.  
(209) 522-8477

### **SERVICES FOR SPORTS AND ACTIVITIES**

#### **Hold Your Horses**

Therapeutic horse back riding for those with limited abilities  
Call Terri (209) 848-4677

#### **Howard Training Center**

Programs for people with developmental disabilities  
(209) 521-9877 or [www.howardtrainingcenter.com](http://www.howardtrainingcenter.com)

#### **Kids Works of DMC Foundation**

Puppet troop that presents sensitive social issues for schools and other groups  
Call Randi Linee (209) 579-9115

**Services for Activities Cont.**

***Sailors Unlimited***

*Opportunity for those with disabilities to sail the delta  
(209) 956-0290*

***Special Olympics North America***

*Encourages the disabled community to participate in sports  
Visit [sonc.org](http://sonc.org) or call (209) 522-1544*

***Society for the Handicapped***

*Offers a variety of recreational programs for disabled children and adults, including water skiing, snow skiing, and bicycle riding.  
(209) 524-3536 or [societyforhandicapped.org](http://societyforhandicapped.org)*

**TRANSPORTATION SERVICES**

***Society for the Handicapped***

*Offers a volunteer based transportation program in Modesto only, clients must be able to transfer in and out of vehicles. Clients must fill out application and be approved before taking transportation.  
(209) 524-6563 or [societyforhandicapped.org](http://societyforhandicapped.org)*

***Catholic Charities***

*Serves those that are 60 years or older no charge but donations are encouraged.  
(209) 593-6112*

***Modesto Dial –a-Ride***

*Discount for seniors and disabled after application approval  
(209) 527-4900 or [www.srt.org](http://www.srt.org)*

***Modesto Area Express***

*Wheelchair accessible bus service around Modesto  
(209) 521-1274 or [www.modestoareaexpress.com](http://www.modestoareaexpress.com)*

***StaRT Bus***

*Requires application and approval to ride  
(800) 262-1516 or [www.startbus.com](http://www.startbus.com)*

***Valley Medical Transportation***

*Wheelchair transportation for those unable to get in and out of public transportation vehicles  
(888) 994-4868 or [www.valleymedicaltransport.com](http://www.valleymedicaltransport.com)*

**SERVICES FOR INDEPENDENCE AND SUPPORT**

***HAWKS (Helping Adults with Kindness)***

*Program with the Modesto Police Department, will check on people daily.  
(209) 529-3978*

***Visiting Nurses Association***

*In-home care and skilled nursing services  
(209) 571-1055 or [www.vnaa.org](http://www.vnaa.org)*

**Services for Independence Cont.**

***Optimal Hospice Care***

*In-home care for those with a life threatening illness  
(209) 338-3000*

***HICAP***

*Health insurance counseling and advocacy  
(209) 558-4540 or [www.cahealthadvocates.org](http://www.cahealthadvocates.org)*

***Self-Help Enterprises Housing Program***

*Help to fixed income families to improve living conditions  
(559) 651-1000 ext.630*

***IHSS***

*In home supportive services for the disabled and elderly  
(209) 558-2637*

***Housing Authority***

*Develops and operates subsidized housing for low income individuals  
(209) 572-3117*

***D.R.A.I.L.***

*Disability Resource Agency for Independent Living has a variety of services for the handicapped  
(209)521-7260 or [www.drail.org](http://www.drail.org)*

***C.A.R.E.S. Resource Center***

*Provides the homeless with resources and opportunities for education  
221 South Broadway Avenue Turlock (209) 656-9498*

***California Mentor***

*Customized support to persons with developmental delay and behavioral challenges  
(209) 957-4310*

***Community Shelter***

*Offers shelter to homeless families with children under 18  
(209) 527-0444*

***United Cerebral Palsy***

*Resource for those who care for a person with a disability  
(209) 577-2122 or [www.ucp.org](http://www.ucp.org)*

**SERVICES FOR JOB TRAINING FOR THE DISABLED**

***Manteca CAPS***

*Day camp and behavior management for disabled individuals in Manteca  
(209)239-5050 or [www.mantecacaps.org](http://www.mantecacaps.org)*

***Howard Training Center***

*Offers vocational programs for the disabled  
Vocational Intake (209) 554-1911 or [howardtrainingcenter.com](http://howardtrainingcenter.com)*